GOBIND MARG

THE MONTHLY BULLETIN OF

GURDWARA SRI GURU SINGH SABHA – HOUNSLOW

JUNE 2022 – VOL XXIX ISSUE 6

Gurdwara Dera Sahib is the Gurdwara in Lahore which commemorates the spot where Guru Arjan Dev ji, the 5th Guru of the Sikhs, was martyred on 16 June 1606, by the Mughal Emperor Jahangir. He ordered that Guru Sahib be tortured and sentenced to death, after Guru Sahib had refused to stop preaching his message of Waheguru as per Guru Nanak Dev ji's divine teachings.

ੴ ਸਤਿਗੁਰ ਪ੍ਰਸਾਦਿ ॥

One Universal Creator God, Realised By the Grace of The True Guru

Monday - Saturday (Excluding Tuesdays)

AM

4.00	Parkash
5.00	Nitnem
6.00	Simran
6.30	Asa-Di-Vaar
7.45	Ardass
10.00	Kirtan
10.45	Katha
11.30	Ardass

PM

6.00	Rehraas
6.30	Kirtan
7.00	Katha
7.30	Ardass
8.00	Sukhasan

Sundays Only

4.00	Parkash
5.00	Nitnem
6.00	Simran
6.30	Asa-Di-Vaar
7.45	Ardass
8.00	Akhand Paath or Sehaj Paath Bhog or Sukhmani Sahib
9.00	Kirtan
9.45	Ardass
10.00	Youth Kirtan
11.00	Kirtan

Tuesdays Only

4.00	Parkash
5.00	Nitnem
6.00	Simran
6.30	Asa-Di-Vaar
7.45	Ardass
10.00	Kirtan
10.30	Katha
11.00	Sukhmani Paath

PM

12.15	Ladies Kirtan
2.00	Ardass
6.00	Rehraas
6.30	Kirtan
7.00	Katha
7.30	Ardass
8.00	Sukhasan

PM

12.00	Katha
1.00	Kirtan
2.00	Ardass
6.00	Rehraas
6.30	Kirtan
7.00	Katha
7.30	Ardass
8.00	Sukhasan

Please Note

During the restricted services of the Gurdwara these services are currently suspended.

The current Gurdwara programme appears on page 6.

ੴ ਸਤਿਗੁਰ ਪਰਸਾਦਿ ॥

GURDWARA SRI GURU SINGH SABHA

Alice Way, Hanworth Road, Hounslow, Middlesex, TW3 3UD
Enquiries: 020 8577 2793 Email: khalsa@sgss.org Website: www.sgss.org

Daily Opening Times:
Gurdwara: 7:00am and 7:00pm. **Main Office:** 10:00am-5:00pm Daily
Matrimonial: 10:00am-1:00pm. Contact via email **marriages@sgss.org**

Note: All views expressed in this publication are those of the authors, and not necessarily of Gurdwara SGSS.

Registered No. 75990 as a place of worship under the Worship Registration Act 1855

Registered Charity No. 83314 **Inland Revenue Ref. CC 15570**

June 2022

Important Days	Event	Nanakshahi Calendar Days	
		June ਜੇਠ / ਹਾੜ	July ਹਾੜ/ ਸਾਵਣ
Sangrand (ਸੰਗਰਾਂਦ)	New Month Starts	15	16
Mussia (ਮੱਸਿਆ)	No Moon (Dark Night)	29	28
Puranmashi (ਪੂਰਨਮਾਸ਼ੀ)	Full Moon	14	13
Parkash (Avtar), Gurgaddi, Gurpurb, Shahidi, Jyoti Jot/Barsi, Martyrdom			
Guru Hargobind Singh ji	Gurgaddi	11	
Guru Arjan Dev ji	Jyoti Jot (Martyrdom)	16	
Guru Hargobind Singh ji	Parkash (Avtar)		5
Guru Har Kishan ji	Parkash (Avtar)		23
Historical Dates & Events			
Attack 1984: Sri Harmandar Sahib		6	
Shahidi: Baba Banda Singh Bahadur		25	

General Secretary's Report

Gurmeet Singh Dhanoa

Dear Sangat Jee – WaheGuru Ji Ka Khalsa; WaheGuru Ji Ki Fateh!

The local government elections

We saw a Labour majority with 45 seats out of 62. Both the Leader (Cllr Shantanu Rajawat) & Deputy (Katherine Dunn) are from the 'Labour & Cooperative' party (7 seats) whilst Conservatives held on to 10 seats. The Planning Committee has also been selected, chaired by Cllr Pritam Grewal. Our local ward councillors are Cllr Samia Chaudhary, Cllr Afzaal Kiani and Cllr Farhaan Rehman.
Our best wishes to all of them and we hope to continue to work with them for the benefit of the local communities.
With the committees in place now, we hope to hear of the application hearing date of the adjoining land in the near future; we have and will continue to contest it.
The temporary extended lease on the land expired on 31st May and we currently have no mandate to use the car park on the site.

The 2022 AGM

This was held on 29th May as per the constitution, following a latency period due to the Covid19 shutdown since 2019. Following the Welcome by the President Mr Jagtar S Thethi, the General Secretary and the Treasurer's reports were shared.

	18/19	19/20	20/21
Income	£ 951,950.00	£ 955,524.00	£ 365,486.00
Expenditure	£ 740,215.00	£ 796,233.00	£ 459,959.00
P/L	£ 211,735.00	£ 159,291.00	-£ 94,473.00

A summary of the income & expenditure for the last three complete years is shown.

Key discussion outcomes were:

- Membership age profile.
- Holding Trustees Rotation.
- Resolutions included requests to consider 'Wellbeing facilities & development', 'Cleanliness & Maintenance and Milnis.

Further information can be obtained by contacting khalsa@sgss.org

Age	Life	Ordinary	Grand Total
<30	3	11	14
31_40	25	17	42
41_50	39	23	62
51_60	61	24	85
61_70	105	48	153
71_80	86	48	134
>80	133	46	179
Grand Total	452	217	669

We continue to reopen our pre-Covid19 services

Refresh training sessions for the sangat have now recommenced and any member of the sangat keen on getting involved, please contact us. Training workshops attended include the Police (IAG, Safeguarding and Crime reporting), Prisons (rehabilitation), and Wellbeing activities.

Sangat Support

The Gurdwara continues to seek sangat support for our objections. Please do this by:

- Signing the Petition – In-house forms & Postcards available in the Office and Online
- Writing to your local Councillors with your complaints.

We also seek much needed support from the sangat and the local communities to help us raise funds to secure the neighbouring land for the benefit of the Sangat:

- **By Cheque:** Payable to Sri Guru Singh Sabha Hounslow and posted/delivered to Gurdwara Sri Guru Singh Sabha, Alice Way, Hounslow, TW3 3UD
- **Online:** Donations can be made online at www.sgss.org/donate
- **BACS:** Barclays: Bank, Sort code 20 96 55 Account 00859095

Bookings

To enable us to continue supporting the sangat, we are happy to discuss your needs. During May, the services performed were:

Weddings	7
Sukhmani Sahib Path/Kirtan	24
Sehaj Path/Akhand Path	13
Funerals	8
School Visits	5

Disability Network Hounslow

This service runs every Friday 10am - 3pm, Ground Floor, New Annexe Building.

Health & Safety

Covid19 will be a feature of our lives for the foreseeable future, so we need to learn to live with it and manage the risk to ourselves and others. Please ensure you follow the Government and Gurdwara guidelines at all times, to keep everyone safe. The Gurdwara encourages all visitors to observe social distancing, wear face covering and wash hands frequently.

Show Your Gratitude

Please donate to the Gurdwara to help run Sangat services:

By Cheque: Payable to Sri Guru Singh Sabha Hounslow and posted/delivered to Gurdwara Sri Guru Singh Sabha, Alice Way, Hounslow, TW3 3UD

Online: Donations can be made online at www.sgss.org/donate

PROGRAMME

Mon-Sat - Exc Tue - Early	
4:00	Parkash
5:00	Nitnem
6:00	Simran
6:30	Asa Di Var
7:45	Ardaas
10:00	Kirtan
10:45	Katha
11:30	Ardaas
Evening	
6:00	Rehraas
6:30	Kirtan
7:00	Katha
7:30	Ardaas
8:00	Sukhasan

Tuesday - Early	
4:00	Parkash
5:00	Nitnem
6:00	Simran
6:30	Asa Di Var
7:45	Ardaas
10:00	Kirtan
10:30	Katha
11:30	Sukhmani Sahib Paath
12:15	Ladies Kirtan
2:00	Ardaas
Evening	
6:00	Rehraas
6:30	Kirtan
7:00	Katha
7:30	Ardaas
8:00	Sukhasan

Sunday - Early	
4:00	Parkash
5:00	Nitnem
6:00	Simran
6:30	Asa Di Var
7:45	Ardaas
8:00	*AP SPB SS
9:00	Kirtan
9:45	Ardaas
10:00	Youth Kirtan
11:00	Kirtan
12:00	Katha
1:00	Kirtan
2:00	Ardaas
Evening	
6:00	Rehraas
6:30	Kirtan
7:00	Katha
7:30	Ardaas
8:00	Sukhasan

*AP SPB SS – Akhand Path or Sehaj Paath Bhog of Sukhmani Sahib

Please ensure the Government & Gurdwara Guidelines are followed

Rehras Sahib Bani

Pritpal Singh Jagdev

We have now reached the concluding part of the Rehras Sahib bani, as prescribd in the *Rehat Maryada* of the Sikhs, approved by the SGPC. It comprises the *Mundhavani* (indicating authority or finality) hymn, by the fifth Nanak, Guru Arjan Dev ji. It has been placed on Ang 1429 of Sri Guru Granth Sahib. This is followed by final hymn of Rehras Sahib, continuing from the Mundhavani. It is Salok Mahala 5, in which Guru Sahib expresses his gratitude to Waheguru.

Many Guttkas contain three additional hymns to be recited at the end of Rehras Sahib. These will be presented in future editions.

Line	Rehras Sahib	Glossary	Contextual Meaning
1	ਮੁੰਦਾਵਣੀ ਮਹਲਾ ੫ ॥		
2	ਥਾਲ ਵਿਚਿ ਤਿੰਨਿ ਵਸਤੂ ਪਈਓ ਸਤੁ ਸੰਤੋਖੁ ਵੀਚਾਰੋ ॥	ਤਿੰਨਿ ਵਸਤੂ	3: Truth, Contentment, Contemplation
3	ਅੰਮ੍ਰਿਤ ਨਾਮੁ ਠਾਕੁਰ ਕਾ ਪਇਓ ਜਿਸ ਕਾ ਸਭਸੁ ਅਧਾਰੋ ॥	ਅਧਾਰੋ	Base or Support
4	ਜੇ ਕੋ ਖਾਵੈ ਜੇ ਕੋ ਭੁੰਚੈ ਤਿਸ ਕਾ ਹੋਇ ਉਧਾਰੋ ॥	ਭੁੰਚੈ, ਉਧਾਰੋ	Consumer, Saved
5	ਏਹ ਵਸਤੁ ਤਜੀ ਨਹ ਜਾਈ ਨਿਤ ਨਿਤ ਰਖੁ ਉਰਿ ਧਾਰੋ ॥	ਵਸਤੁ, ਉਰਿ ਧਾਰੋ	Substance Hold in the heart
6	ਤਮ ਸੰਸਾਰੁ ਚਰਨ ਲਗਿ ਤਰੀਐ ਸਭੁ ਨਾਨਕ ਬ੍ਰਹਮ ਪਸਾਰੋ ॥੧॥	ਤਮ, ਪਸਾਰੋ	Darkness, Expanse or Spread
7	ਸਲੋਕ ਮਹਲਾ ੫ ॥		
8	ਤੇਰਾ ਕੀਤਾ ਜਾਤੋ ਨਾਹੀ ਮੈਨੋ ਜੋਗੁ ਕੀਤੋਈ ॥	ਜਾਤੋ, ਜੋਗੁ ਕੀਤੋਈ	Known, Enabled or capable
9	ਮੈ ਨਿਰਗੁਣਿਆਰੇ ਕੋ ਗੁਣੁ ਨਾਹੀ ਆਪੇ ਤਰਸੁ ਪਇਓਈ ॥	ਨਿਰਗੁਣਿਆਰੇ	One without merit
10	ਤਰਸੁ ਪਇਆ ਮਿਹਰਾਮਤਿ ਹੋਈ ਸਤਿਗੁਰੁ ਸਜਣੁ ਮਿਲਿਆ ॥	ਮਿਹਰਾਮਤਿ	Mercy
11	ਨਾਨਕ ਨਾਮੁ ਮਿਲੈ ਤਾਂ ਜੀਵਾਂ ਤਨੁ ਮਨੁ ਥੀਵੈ ਹਰਿਆ ॥੧॥	ਥੀਵੈ ਹਰਿਆ	Blossoms forth

ਪੰਜਾਬੀ ਅਰਥ

Line 1: ਰਾਗ ਮੁੰਦਾਵਣੀ ਪੰਜਮੇ ਗੁਰੂ ॥

Line 2: ਮਨੁੱਖ ਦੇ ਹਿਰਦੇ ਵਿਚ ਇਹ ਤਿੰਨ ਵਸਤੂਆਂ (ਉੱਚਾ ਆਚਰਨ, ਸੰਤੋਖ ਅਤੇ ਆਤਮਕ ਜੀਵਨ ਦੀ ਸੂਝ) ਟਿਕੀਆਂ ਰਹਿੰਦੀਆਂ ਹਨ ॥

Line 3: ਜਿਸ ਮਨੁੱਖ ਦੇ ਹਿਰਦੇ ਵਿਚ ਅਮ੍ਰਿਤ ਨਾਮ ਆ ਵਸਦਾ ਹੈ, ਇਸ ਦਾ ਆਸਰਾ ਹਰੇਕ ਜੀਵ ਲਈ ਜ਼ਰੂਰੀ ਹੈ ॥

Line 4: ਇਸ ਭੋਜਨ ਨੂੰ ਜੇ ਕੋਈ ਖਾਂਦਾ ਹੈ, ਉਸ ਮਨੁੱਖ ਦਾ ਵਿਕਾਰਾਂ ਤੋਂ ਬਚਾਉ ਹੋ ਜਾਂਦਾ ਹੈ ॥

Line 5: ਇਹ ਨਾਮ-ਵਸਤੁ ਤਿਆਗੀ ਨਹੀਂ ਜਾ ਸਕਦੀ, ਇਸ ਨੂੰ ਸਦਾ ਹੀ ਆਪਣੇ ਹਿਰਦੇ ਵਿਚ ਸਾਂਭ ਕੇ ਰੱਖੋ ॥

Line 6: ਹੇ ਨਾਨਕ! ਪ੍ਰਭੂ ਦੀ ਚਰਨੀ ਲਗ ਕੇ ਸੰਸਾਰ-ਸਮੁੰਦਰ ਤਰਿਆ ਜਾ ਸਕਦਾ ਹੈ ਅਤੇ ਹਰ ਥਾਂ ਪਰਮਾਤਮਾ ਦਿਸਣ ਲੱਗ ਪੈਂਦਾ ਹੈ ॥

Line 7: ਸਲੋਕ ਪੰਜਮੇ ਗੁਰੂ ॥

Line 8: ਹੇ ਪ੍ਰਭੂ! ਮੈਂ ਤੇਰੇ ਕੀਤੇ ਉਪਕਾਰ ਨਹੀਂ ਸਮਝ ਸਕਦਾ, ਤੂੰ ਆਪ ਹੀ ਮੈਨੂੰ ਭਾਂਡਾ ਬਣਾਇਆ ਹੈ ॥

Line 9: ਮੈਂ ਗੁਣ-ਹੀਨ ਵਿਚ ਕਈ ਗੁਣ ਨਹੀਂ ਫਿਰ ਬੀ ਆਪ ਨੂੰ ਮੇਰੇ ਉਤੇ ਤਰਸ ਆ ਗਿਆ ॥

Line 10: ਹੇ ਪ੍ਰਭੂ! ਆਪ ਨੂੰ ਤਰਸ ਆਇਆ ਤੇ ਮੇਰੇ ਉਤੇ ਤੇਰੀ ਮਿਹਰ ਹੋਈ, ਤਾਂ ਮੈਨੂੰ ਮਿੱਤਰ ਗੁਰੂ ਮਿਲ ਪਿਆ ॥

Line 11: ਜਦੋਂ ਮੈਨੂੰ ਨਾਮ ਮਿਲਦਾ ਹੈ, ਤਾਂ ਮੇਰੇ ਅੰਦਰ ਆਤਮੀਕ ਜੀਵਨ ਨਾਲ, ਮੇਰਾ ਤਨ-ਮਨ ਖਿੜ ਆਉਂਦਾ ਹੈ ॥

English Rendition

Line 1: These verses have been written in *Raag Mundhavni* by the 5th Guru.

Line 2: In the platter (Guru Granth Sahib, or heart & mind of the devotee) the three things (Truth, Contentment and Meditation) have been placed.

Line 3: In the platter is Waheguru's Naam, the fourth of the most valuable articles, the nectar which sustains all.

Line 4: Whosoever takes the opportunity to feast on the divine soul sustaining food (truth, contentment and meditation) will be saved.

Line 5: This precious gift must never be renounced; bear it ever in the heart and mind.

Line 6: The journey across this dark world ocean will be accomplished by focussing on Wheguru's feet (His Word); says Satguru Nanak the vast expanse we see is His creation.

Line 7: *Salok* (SGGS Ang 1429) by the 5th Guru, expressing his gratitude to Waheguru.

Line 8: O Waheguru! I did not even recognise your blessing (kindness and gifts), yet you made me worthy of Yourself and capable of serving You.

Line 9: I am worthless and possess no virtue, yet you have taken mercy on me.

Line 10: Through your grace and mercy, I have met the true Guru.

Line 11: Says Satguru Nanak, O Waheguru! I am spiritually alive and my mind and body blossom forth when I am blessed with Your Naam.

"ਮਰਤਾ ਮਰਤਾ ਜਗੁ ਮੁਆ, ਮਰ ਭਿ ਨ ਜਾਨੇ ਕੋਇ ।

ਐਸੀ ਮਰਨੀ ਜੋ ਮਰੈ, ਬਹੁਰ ਨ ਮਰਨਾ ਹੋਇ।" ***SGSS Ang 555***

ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਦੀ ਸ਼ਹਾਦਤ ਸਿੱਖ ਇਤਹਾਸ ਦੀ ਇਕ ਮਹਾਨ ਘਟਨਾ ਹੈ । ਇਸ ਦੇ ਮੁਖ ਕਾਰਨ ਸੰਖੇਪ ਤੌਰ ਤੇ ਇਸ ਤਰਾਂ ਹਨ ।

੧. ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੇ ਉਪਦੇਸ਼ :

ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਨੇ ਗੁਲਾਮੀ ਦੇ ਸੰਗਲਾਂ ਨੂੰ ਤੋੜਨ ਦੀ ਗਲ ਕੀਤੀ ਤੇ ਲੋਧੀਆਂ ਅਤੇ ਬਾਬਰ ਦੀ ਨਿਖੇਧੀ ਕੀਤੀ ਤੇ ਜਨਤਾ ਤੇ ਹੋ ਰਹੇ ਜ਼ੁਲਮ ਦੇ ਖ਼ਿਲਾਫ਼ ਆਵਾਜ਼ ਉਠਾਈ।

ਹਮਾਯੂੰ ਤਾਂ ਆਪ ਹੀ ਸਥਿਰ ਨਾ ਹੋ ਸਕਿਆ ਅਤੇ ਅਕਬਰ ਬਹੁਤ ਸੁਲ੍ਹਾ-ਕੁਲ ਸੀ। ਸੰਨ ੧੬੦੫ ਵਿਚ ਅਕਬਰ ਦੀ ਮੌਤ ਪਿਛੋਂ ਜਦ ਜਹਾਂਗੀਰ ਤਖ਼ਤ ਤੇ ਬੈਠਾ ਤਾਂ ਹਿੰਦੂ ਅਤੇ ਸਿੱਖ ਧਰਮਾਂ ਲਈ ਬਹੁਤ ਮੁਸਕਲ ਹੋ ਗਈ।

੨. ਜਹਾਂਗੀਰ ਦਾ ਕੱਟੜਪੁਣਾ :

ਜਹਾਂਗੀਰ ਇਕ ਤੁਅਸਬੀ ਤੇ ਕੱਟੜ ਮੁਸਲਮਾਨ ਬਾਦਸ਼ਾਹ ਸੀ। ਗੁਰੂ ਸਾਹਿਬਾਂ ਦੇ ਪ੍ਰਚਾਰ ਸਦਕਾ ਸਿੱਖ ਧਰਮ ਇਕ ਵੱਡੀ ਤਾਕਤ ਬਣ ਗਿਆ ਸੀ। ਜਹਾਂਗੀਰ ਨੂੰ ਇਹ ਤਾਕਤ ਚੁਭਦੀ ਸੀ ਤੇ ਉਹ ਇਸ ਨੂੰ ਹਰ ਹਾਲਤ ਵਿਚ ਖਤਮ ਕਰਨਾ ਚਾਹੁੰਦਾ ਸੀ। ਤਖ਼ਤ ਤੇ ਬੈਠਦਿਆਂ ਹੀ ਜਹਾਂਗੀਰ ਨੇ ਇਸਲਾਮਕ ਅਸੂਲਾਂ ਨੂੰ ਕੱਢ ਕੇ ਲਾਗੂ ਕਰ ਦਿਤਾ ਅਤੇ ਹਿੰਦੂਆਂ ਦੇ ਮੰਦਰ ਢਾਉਣੇ ਤੇ ਬੁੱਤ ਤੋੜਨੇ ਸ਼ੁਰੂ ਕਰ ਦਿਤੇ।

ਇਸ ਦੇ ਨਾਲ ਹੀ ਗੈਰ-ਮੁਸਲਮਾਨਾਂ ਤੇ ਸਖਤੀ ਦਾ ਦੌਰ ਸ਼ੁਰੂ ਹੋਇਆ।

3. ਪ੍ਰਿਥੀ ਚੰਦ ਦੀ ਈਰਖਾ :

ਗੁਰੂ ਘਰ ਵਿਚ ਵਡੇ ਪੁੱਤਰ ਨੂੰ ਗੱਦੀ ਦਾ ਹੱਕਦਾਰ ਨਹੀਂ ਸਮਝਿਆ ਜਾਂਦਾ ਸੀ ਸਗੋਂ ਗੁਣਾ ਨੂੰ ਪਰਖ ਕੇ ਗੱਦੀ ਦਿੱਤੀ ਜਾਂਦੀ ਸੀ। ਇਸ ਤਰਾਂ ਜੇਹੜੇ ਗੁਣਾ ਦੀ ਕਸਵੱਟੀ ਤੇ ਪੂਰੇ ਨਾ ਉਤਰ ਸਕੇ, ਉਹਨਾ ਨੇ ਰੋਸ ਮਨਾਇਆ ਤੇ ਨਵੇਂ ਬਣੇ ਗੁਰੂ ਨੂੰ ਨੀਚਾ ਦਖਾਉਣ ਦੀ ਕੋਸ਼ਿਸ਼ ਕੀਤੀ।

ਬਾਬਾ ਸਿਰੀ ਚੰਦ ਨੇ ਗੁਰੂ ਅੰਗਦ ਦੇਵ ਜੀ ਦੀ ਤਗੜੀ ਵਿਰੋਧਤਾ ਕੀਤੀ। ਦਾਤੂ ਤੇ ਦਾਸੂ ਜੀ ਨੇ ਗੁਰੂ ਅਮਰ ਦਾਸ ਦਾ ਭਰੀ ਸੰਗਤ ਵਿਚ ਨਿਰਾਦਰ ਕੀਤਾ। ਮੋਹਣ ਜੀ ਤਾਂ ਬਉਰੇ ਹੀ ਹੋ ਗਏ।

ਗੁਰੂ ਅਰਜਨ ਵੇਲੇ ਈਰਖਾ ਬਹੁਤ ਵੱਧ ਗਈ ਸੀ। ਪ੍ਰਿਥੀ ਚੰਦ ਤੇ ਮਹਾਦੇਵ ਜੀ ਨੇ ਗੁਰੂ ਅਰਜਨ ਜੀ ਦੀ ਕਰੜੀ ਨਖੇਧੀ ਤੇ ਵਿਰੋਧਤਾ ਸ਼ੁਰੂ ਕਰ ਦਿੱਤੀ। ਮਹਾਦੇਵ ਤਾ ਸ਼ਾਂਤ ਹੋ ਗਏ ਪਰ ਪ੍ਰਿਥੀ ਚੰਦ ਜੀ ਨੇ ਸਿਰ ਤੋੜ ਕੋਸ਼ਿਸ਼ਾਂ ਸ਼ੁਰੂ ਕਰ ਦਿਤੀਆਂ। ਗੁਰੂ ਜੀ ਦੇ ਹੱਥੋਂ ਦਸਤਾਰ ਖੋਹ ਲਈ। ਗੁਰੂ ਘਰ ਦੇ ਰਸਤੇ ਬੰਦ ਕਰ ਦਿਤੇ। ਬੱਚੇ ਹਰਗੋਬਿੰਦ ਨੂੰ ਮਰਵਾਉਣ ਦੇ ਕਈ ਯਤਨ ਕੀਤੇ। ਜਦ ਪ੍ਰਿਥੀ ਚੰਦ ਸਭ ਪਾਸੇ ਤੋਂ ਨਿਰਾਸ਼ ਹੋ ਗਿਆ ਤਾਂ ਉਹ ਲਾਹੌਰ ਚਲਾ ਗਿਆ ਤੇ ਦੀਵਾਨ ਚੰਦ ਨਾਲ ਰਲ ਕੇ ਸਾਜ਼ਸ਼ਾਂ ਕਰਨ ਲਗਾ। ਉਹਨਾਂ ਨੇ ਝੂਠੀਆਂ ਕਹਾਣੀਆਂ ਘੜ ਘੜ ਕੇ ਸੁਣਾਈਆ ਤੇ ਜਿਹਨਾਂ ਦਾ ਕਿ ਮੁਤਅਸਬੀ ਜਹਾਂਗੀਰ ਦੇ ਦਮਾਗ ਤੇ ਬਹੁਤ ਅਸਰ ਹੋਇਆ।

ਸਿੱਖ ਜੱਥੇਬੰਦੀ ਜਹਾਂਗੀਰ ਨੂੰ ਚੁਭਦੀ ਸੀ । ਗੁਰੂ ਅਰਜਨ ਜੀ ਦੀ ਅਗਵਾਈ ਹੇਠਾਂ ਸਿੱਖਾਂ ਦੀ ਜੱਥੇਬੰਦੀ ਬਹੁਤ ਮਜ਼ਬੂਤ ਹੋ ਗਈ ਸੀ। ਸੰਗਤਾਂ ਵਲੋਂ ਮਸੰਦਾਂ ਰਾਹੀਂ ਮਾਇਆ ਭੀ ਚੌਖੀ ਆਉਣ ਲੱਗੀ। ਗੁਰੂ ਜੀ ਨੇ ਸਿੱਖੀ ਅਸੂਲਾਂ ਨੂੰ ਇਕ ਮਰਯਾਦਾ ਵਿਚ ਬੰਨਿਆ ਅਤੇ ਸਿੱਖ ਜਥੇਬੰਦੀ ਮਜ਼ਬੂਤ ਹੋ ਗਈ। ਇਸ ਵਾਧੇ ਹੋਏ ਸਨਮਾਨ ਕਾਰਣ ਮੁਗਲਾਂ ਨਾਲ ਟੱਕਰ ਭੀ ਹੋਈ ਤੇ ਸਿੱਖਾਂ ਉਤੇ ਜ਼ੁਲਮਾਂ ਦਾ ਕਾਂਡ ਸ਼ੁਰੂ ਹੋਇਆ।

੪. ਸਨਾਤਕੀਆਂ ਦੀ ਵਿਰੋਧਤਾ :

ਸ਼ੁਰੂ ਤੋਂ ਹੀ ਹਿੰਦੂ ਸਾਧੂ, ਤਪੀਏ ਭਗਤ ਆਦਿ ਗੁਰੂਘਰ ਦੀ ਵਿਰੋਧਤਾ ਕਰ ਰਹੇ ਸਨ ਪਰ ਜਦ ਗੁਰੂ ਅਰਜਨ ਜੀ ਨੇ ਗੁਰਬਾਣੀ ਇਕੱਠੀ ਕਰਕੇ ਗ੍ਰੰਥ ਸਾਹਿਬ ਦੀ ਬੀੜ ਬਣਾਉਣੀ ਆਰੰਭ ਕੀਤੀ ਤਾਂ ਕਈ ਭਗਤ ਜਿਵੇਂ ਕਾਹਨਾ ਜੀ ਪੀਲੂ ਜੀ, ਛੱਜੂ ਜੀ ਤੇ ਸ਼ਾਹ ਹੁਸੈਨ ਆਏ ਤੇ ਆਪਣੀ ਰਚਨਾ ਵਿਚ ਸ਼ਾਮਲ ਕਰਾਉਣ ਦੀ ਕੋਸ਼ਿਸ਼ ਕੀਤੀ। ਗੁਰੂ ਜੀ ਨੇ ਉਹਨਾਂ ਦੀ ਰਚਨਾ ਨੂੰ ਗੁਰਬਾਣੀ ਦੇ ਆਸ਼ੇ ਦੇ ਅਨੁਕੂਲ ਨਾ ਹੋਣ ਕਾਰਣ ਨਾਹ ਕਰ ਦਿਤੀ।

੫. ਚੰਦੂ ਦੀ ਦੁਸ਼ਮਣੀ :

ਚੰਦੂ ਲਾਹੌਰ ਦਾ ਦੀਵਾਨ ਸੀ। ਉਸ ਨੇ ਆਪਣੀ ਲੜਕੀ ਦਾ ਰਿਸ਼ਤਾ ਪੱਕਾ ਕਰਨ ਲਈ ਪ੍ਰੋਹਤ ਨੂੰ ਭੇਜਿਆ। ਪ੍ਰੋਹਤ ਨੇ ਗੁਰੂ ਘਰ ਦਾ ਮਾਨ ਸਨਮਾਨ ਦੇਖ ਕੇ ਹਰਗੋਬਿੰਦ ਨਾਲ ਰਿਸ਼ਤਾ ਪੱਕਾ ਕਰ ਦਿੱਤਾ। ਚੰਦੂ ਨੇ ਭਰੀ ਸੰਗਤ ਵਿਚ ਗੁਰੂ ਘਰ ਦਾ ਨਿਰਾਦਰ ਕੀਤਾ ਤੇ ਕਿਹਾ ਪੰਡਤ ਜੀ ਚੁਬਾਰੇ ਦੀ ਇੱਟ ਮੋਰੀ ਨੂੰ ਲਾ ਆਏ ਹੋ? ਸਿੱਖਾਂ ਨੂੰ ਬਹੁਤ ਬੁਰਾ ਲੱਗਾ। ਉਹਨਾਂ ਨੇ ਲਿਖਤੀ ਬੇਨਤੀ ਭੇਜੀ ਕਿ ਇਸ ਹੰਕਾਰੀ ਦਾ ਰਿਸ਼ਤਾ ਨਾ ਲਿਆ ਜਾਵੇ। ਗੁਰੂ ਜੀ ਨੇ ਆਪਣੇ ਸਿੱਖਾਂ ਦੀ ਗੱਲ ਮੰਨ ਕੇ ਰਿਸ਼ਤੇ ਨੂੰ ਨਾਂਹ ਕਰ ਦਿੱਤੀ। ਇਸ ਕਰਕੇ ਚੰਦੂ ਨੇ ਗੁਰੂ ਜੀ ਦੇ ਵਿਰੋਧ ਤੇ ਲੱਕ ਬ੍ਹੱਨ ਲਿਆ।

੬. ਨਕਸ਼ਬੰਦੀਆਂ ਦੀ ਚੁੱਕ ਚੁਕਾਈ :

ਨਕਸ਼ਬੰਦੀ ਮੁਸਲਮਾਨਾਂ ਦਾ ਇਕ ਫਿਰਕਾ ਉਸ ਸਮੇਂ ਬਹੁਤ ਅਸਰ-ਰਸੂਖ ਵਾਲਾ ਸੀ। ਇਹਨਾਂ ਦਾ ਆਗੂ ਮੌਲਾਨਾ ਸ਼ੇਖ ਅਹਿਮਦ ਸਰਹੰਦੀ ਸੀ। ਇਹ ਆਪਣੇ ਆਪ ਨੂੰ 'ਮੁਜਦਾਦ ਅਲਫ ਸਾਨੀ' (ਇਸਲਾਮ ਦਾ ਰਖਿਅਕ) ਸਮਝਦਾ ਸੀ। ਇਹ ਕੱਟੜ ਪ੍ਰਸਤ ਸੀ ਤੇ ਹਰ ਸਮੇ ਹਿੰਦੂਆਂ ਨੂੰ ਖ਼ਵਾਰ ਕਰਕੇ ਇਸਲਾਮ ਦੀ ਤਰੱਕੀ ਬਾਰੇ ਸੋਚਦਾ ਸੀ। ਇਸ ਨੇ ਮੁਰਤਜ਼ਾ ਖਾਂ ਨੂੰ ਚਿਠੀਆਂ ਲਿਖੀਆਂ ਜ਼ਿਨਾਂ ਵਿਚ ਗੁਰੂ ਜੀ ਬਾਰੇ ਪੁਠੀਆਂ ਸਿਧੀਆਂ ਗਲਤ ਗੱਲਾਂ ਲਿਖੀਆਂ। ਮੁਰਤਜ਼ਾ ਖਾਂ ਉਸ ਸਮੇਂ ਲਾਹੌਰ ਦਾ ਗਵਰਨਰ ਸੀ ਤੇ ਜਹਾਂਗੀਰ ਦੇ ਬਹੁਤ ਨੇੜੇ ਸੀ ਅਤੇ ਬਾਦਸ਼ਾਹ ਉਸ ਦੀ ਗੱਲ ਸੁਣਦਾ ਸੀ। ਇਹਨਾਂ ਸਾਰੇ ਲੋਕਾਂ ਨੇ ਜਹਾਂਗੀਰ ਨੂੰ ਇਨਾਂ ਭੜਕਾ ਦਿਤਾ ਕਿ ਉਸ ਨੂੰ ਛੇਤੀ ਹੀ ਗੁਰੂ ਜੀ ਦੀ ਸ਼ਹਾਦਤ ਦਾ ਫੈਸਲਾ ਕਰਨਾ ਪਿਆ। ਅਸਲ ਵਿਚ ਜਹਾਂਗੀਰ ਇਹ ਬਰਦਾਸ਼ਤ ਨਾਂ ਕਰ ਸਕਿਆ ਕਿ ਕਈ ਮੁਸਲਮਾਨ ਭੀ ਗੁਰੂ ਜੀ ਵੱਲ ਖਿਚੇ ਜਾ ਰਹੇ ਸਨ। ਇਸ ਬਾਰੇ ਜਹਾਂਗੀਰ ਨੇ ਆਪਣੀ ਜੀਵਨ ਕਥਾ ਵਿਚ ਭੀ ਲਿਖਿਆ ਹੈ।

੭. ਸ਼ਹਾਦੱਤ :

ਸਨ ੧੬੦੬ ਵਿਚ ਜਦੋਂ ਜਹਾਂਗੀਰ ਲਾਹੌਰ ਆਇਆ ਤਾ ਗੁਰੂ ਜੀ ਦੀ ਗ੍ਰਿਫਤਾਰੀ ਦੇ ਹੁਕਮ ਦਿਤੇ। ਗੁਰੂ ਅਰਜਨ ਦੇਵ ਜੀ ਨੇ ਭੀ ਸਮਝ ਲਿਆ ਕਿ ਕੁਰਬਾਨੀ ਦਾ ਸਮਾਂ ਆ ਗਿਆ ਹੈ। ਜਾਣ ਤੋਂ ਪਹਿਲਾਂ ਓਹਨਾ ਬਾਬਾ ਬੁੱਢਾ ਜੀ ਤੇ ਹੋਰ ਚੋਣਵੇਂ ਸਿੱਖਾਂ ਨਾਲ ਸਲਾਹ ਕੀਤੀ। ਇਹ ਦੱਸ ਦਿਤਾ ਕਿ ਓਹਨਾ ਨੂੰ ਧਰਮ ਦੀ ਰਖਿਆ ਲਈ ਕੁਰਬਾਨੀ ਦੇਣੀ ਪਵੇਗੀ। ਲਾਹੌਰ ਪੁੱਜਣ ਤੇ ਉਹਨਾਂ ਉਪਰ ਕਈ ਦੂਸ਼ਣ ਲਗਾਏ ਗਏ। ਖੁਸਰੋ ਦੀ ਮਦਦ ਦਾ ਇਲਜ਼ਾਮ ਸਭ ਤੋਂ ਉਪਰ ਸੀ। ਜਹਾਂਗੀਰ ਨੇ ਜੋ ਹੁਕਮ ਦਿਤਾ ਬ ਯਾਸਾ ਰਸਾਨੱਦ ਭਾਵ ਅੱਗ ਅਤੇ ਪਾਣੀ ਦੀ ਸਜ਼ਾ ਦਿਤੀ ਜਾਵੇ। ਤਸੀਹੇ ਦੇ ਕੇ ਮਾਰਨ ਦਾ ਹੁਕਮ ਦੇ ਕੇ ਜਾਹਾਂਗੀਰ ਪੇਸ਼ਾਵਰ ਵੱਲ ਚਲਾ ਗਿਆ ਅਤੇ ਗੁਰੂ ਜੀ ਨੂੰ ਮੁਰਤਜ਼ਾ ਖਾਂ ਦੇ ਹਵਾਲੇ ਕਰ ਗਿਆ। ਮੁਰਤਜ਼ਾ ਖਾਂ ਨੇ ਗੁਰੂ ਜੀ ਨੂੰ ਚੰਦੂ ਦੇ ਹਵਾਲੇ ਕਰ ਦਿਤਾ। ਘਰੋਗੀ ਵਿਰੋਧ ਹੋਣ ਕਰਕੇ ਚੰਦੂ ਨੂੰ ਬਦਲਾ ਲੈਣ ਦਾਮੌਕਾ ਮਿਲ ਗਿਆ ਅਤੇ ਤਸੀਹੇ ਦੇਣ ਲਗਿਆਂ ਉਸ ਨੇ ਕੋਈ ਸੰਕੋਚ ਨਾ ਕੀਤਾ।

ਤੱਤੀ ਤਵੀ ਤੇ ਬਿਠਾ ਕੇ ਸੀਸ ਤੇ ਤੱਤੀ ਰੇਤ ਪਾਈ ਗਈ । ਅਗਲੇ ਦਿਨ ਉਬਲਦੇ ਪਾਣੀ ਵਿਚ ਉਬਾਲਿਆ ਗਿਆ। ਸਰੀਰ ਛਾਲੇ ਛਾਲੇ ਹੋ ਗਿਆ। ਪੰਜ ਦਿਨ ਇਹ ਕੁਛ ਚਲਦਾ ਰਿਹਾ। ਸਾਂਈ ਮੀਆਂ ਮੀਰ ਜੀ ਨੇ ਵਿਚ ਪੈ ਕੇ ਫੈਸਲਾ ਕਰਾਉਣ ਦਾ ਯਤਨ ਕੀਤਾ ਪਰ ਗੁਰੂ ਜੀ ਨੇ ਭਾਣੇ ਵਿਚ ਰਹਿਣ ਦਾ ਉਪਦੇਸ਼ ਦਿੱਤਾ। ਸੋ ਬਧੇ ਹੋਏ ਹੀ ਦਿਤੇ ਨਦੀ ਰੁੜ੍ਹਾਏ। ਮੈਕਾਲਿਫ ਦੇ ਕਥਨ ਅਨੁਸਾਰ ਗੁਰੂ ਅਰਜਨ ਜੀ ਨੂੰ ਓਹਨਾ ਦੀ ਆਪਣੀ ਸ਼ਖ਼ਸੀਅਤ, ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬ ਦੀ ਪਵਿਤਰਤਾ ਕਾਇਮ ਰੱਖਣ ਲਈ, ਖੁਸਰੋ ਦਾ ਸੁਭਾਵਕ ਆਦਰ ਕਰਨ ਅਤੇ ਜਹਾਂਗੀਰ ਦੀ ਤੰਗ ਦਿੱਲੀ ਅਤੇ ਤੁਅਸਬ ਕਾਰਨ ਸ਼ਹਾਦਤ ਦਾ ਪਿਆਲਾ ਪੀਣਾ ਪਿਆ।

Ego – Humai (ਹੋਮੈਂ) Part II

Bal Bir Kaur Rehal

Understanding Humai through Gurbani

This month let's try to understand why certain goups, such as warriors or religious people, can suffer from a very subtle form of egoism which is difficult to diagnose. I think it is relatively easy for the common person to break out the materialistic-ego based behaviour and habbits but it is often extremely difficult for them to separate the ego related aspects from their intellect, wisdom and philosophical theories and ideas that are woven in the minds of religious people. This is because they have accepted their status in society as highly respected, wise and spiritual personalities. In relation to the above Gurbani says:

Ang 974 ਹਮ ਬਡ ਕਬਿ ਕੁਲੀਨ ਹਮ ਪੰਡਿਤ ਹਮ ਜੋਗੀ ਸੰਨਿਆਸੀ ॥ I am a great poet, of noble heritage; I am a Pandit, a religious scholar, a Yogi and a Sannyaasi;

ਗਿਆਨੀ ਗੁਨੀ ਸੂਰ ਹਮ ਦਾਤੇ ਇਹ ਬੁਧਿ ਕਬਹਿ ਨ ਨਾਸੀ ॥ I am a spiritual teacher, a warrior and a giver - such thinking never ends.

Ang 641 ਪਾਠੁ ਪੜਿਓ ਅਰੁ ਬੇਦੁ ਬੀਚਾਰਿਓ ਨਿਵਲਿ ਭੁਅੰਗਮ ਸਾਧੇ ॥ They read scriptures, and contemplate the Vedas; they practice the inner cleansing techniques of Yoga, and control of the breath.

ਪੰਚ ਜਨਾ ਸਿਉ ਸੰਗੁ ਨ ਛੁਟਕਿਓ ਅਧਿਕ ਅਹੰਬੁਧਿ ਬਾਧੇ ॥ But they cannot escape from the company of the five passions; they are increasingly bound to egotism.

Ang 642 ਪੂਜਾ ਅਰਚਾ ਬੰਦਨ ਡੰਡਉਤ ਖਟੁ ਕਰਮਾ ਰਤੁ ਰਹਤਾ ॥ He may remain devoted to worship and adoration, bowing his forehead to the floor, practicing the six religious rituals.

ਹਉ ਹਉ ਕਰਤ ਬੰਧਨ ਮਹਿ ਪਰਿਆ ਨਹ ਮਿਲੀਐ ਇਹ ਜੁਗਤਾ ॥ He indulges in egotism and pride, and falls into entanglements, but he does not meet the Lord by these devices.

From many reincarnations we have lived with the ego of I, me, and mine. The egoistic behaviour becomes engraved in our minds and consciousness as we are prisoners of egoistic life styles that are based on materialistic powers. We have chosen to live the egoistic life that punishes, misleads and makes us unconsciously selfish and quarrelsome. At the end we face the noose of the devil of death. This egoism leads us to live and love a false life as Gurbani verses say:

Ang 133 ਪਲਚਿ ਪਲਚਿ ਸਗਲੀ ਮੁਈ ਝੂਠੈ ਧੰਧੈ ਮੋਹੁ ॥ Entangled and enmeshed in the love of false occupations, the whole world is perishing.

Ang 92 ਐਸਾ ਤੈਂ ਜਗੁ ਭਰਮਿ ਲਾਇਆ ॥ You have misled the world so deeply in doubt.

ਕੈਸੇ ਬੂਝੈ ਜਬ ਮੋਹਿਆ ਹੈ ਮਾਇਆ ॥ How can people understand You, when they are entranced by Maya?

Ang 592 ਹੰਉਮੈ ਅੰਦਰਿ ਖੜਕੁ ਹੈ ਖੜਕੇ ਖੜਕਿ ਵਿਹਾਇ ॥ In egotism, one is assailed by fear; he passes his life totally troubled by fear.

ਹੰਉਮੈ ਵਡਾ ਰੋਗੁ ਹੈ ਮਰਿ ਜੰਮੈ ਆਵੈ ਜਾਇ ॥ Egotism is such a terrible disease; he dies, to be reincarnated - he continues coming and going.

Ang 1251 ਦਾਤਿ ਜੋਤਿ ਸਭ ਸੂਰਤਿ ਤੇਰੀ ॥ All gifts, light and beauty are Yours.

ਬਹੁਤੁ ਸਿਆਣਪ ਹਉਮੈ ਮੇਰੀ ॥ Excessive cleverness and egotism are mine.

ਬਹੁ ਕਰਮ ਕਮਾਵਹਿ ਲੋਭਿ ਮੋਹਿ ਵਿਆਪੇ ਹਉਮੈ ਕਦੇ ਨ ਚੂਕੈ ਫੇਰੀ ॥ The mortal performs all sorts of rituals in greed and attachment; engrossed in egotism, he shall never escape the cycle of reincarnation.

Ang 1378 ਕਿਝੁ ਨ ਬੁਝੈ ਕਿਝੁ ਨ ਸੁਝੈ ਦੁਨੀਆ ਗੁਝੀ ਭਾਹਿ ॥ I know nothing; I understand nothing. The world is a smouldering fire.

When our egoism gets inflated we become blind and dumb, and consequentally indulge into all sorts of wrong doings. This ego diseased mind becomes quarellsome and its sufferings hit us hard and our ego gets a shock. At this point without thinking we say OMG, *hai-o-raba*. We start to feel inferior and heartily pray and ask for forgiveness and support from Waheguru ji. At this we feel temporary detachment and freedom from wordly desires. Now this suffering actually becomes the medicine for our egoistic mind's suffering.

Ang 469 ਦੁਖੁ ਦਾਰੂ ਸੁਖੁ ਰੋਗੁ ਭਇਆ ਜਾ ਸੁਖੁ ਤਾਮਿ ਨ ਹੋਈ ॥ Suffering is the medicine, and pleasure the disease, because where there is pleasure, there is no desire for God.

ਤੂੰ ਕਰਤਾ ਕਰਣਾ ਮੈ ਨਾਹੀ ਜਾ ਹਉ ਕਰੀ ਨ ਹੋਈ ॥ You are the Creator Lord; I can do nothing. Even if I try, nothing happens. |

Ang 466 ਹਉਮੈ ਦੀਰਘ ਰੋਗੁ ਹੈ ਦਾਰੂ ਭੀ ਇਸੁ ਮਾਹਿ ॥ Ego is a chronic disease, but it contains its own cure as well.

In this manner, 'ਹਉਮੈ ਦੀਰਘ ਰੋਗੁ ਹੈ ਦਾਰੂ ਭੀ ਇਸੁ ਮਾਹਿ ॥' manifests in time. However, as normality is regained, and the suffering due to the ego disease diminishes, we tend to forget Waheguru and soon return to the same old inflated egoistic life style. Our mind then falls back into the dark pit of ego. In such an egoistic state, even if we recite Gurbani and listen to Paath and Kirtan, there is minimal effect on the mind. The Ego-inflated mind is like an oiled flat surface; when we put any substance on it, it slips off in no time. This is why the sacred verses and divine wisdom leave only a minute effect on the ego-inflated mind.

The ego seed germinates in our blind, dark and polluted mind. The diseased ego mind has to be polished with spiritual wisdom so that our mind that is full of jelousy, indifference, pride and materialistic thinking can beome pure and holy. In this way it can acquire divine wisdom, instead of germinating into thorned bushes and poisonous fruits that separate our mind from the rest of creation. In reality, to polish the ego-diseased mind with divine wisdom is to play the opposite game; it is one of spiritual love. As the gurbani verse says ਹਉਮੈ ਦੀਰਘ ਰੋਗੁ ਹੈ ਦਾਰੂ ਭੀ ਇਸੁ ਮਾਹਿ ॥

We will reflect on this in the final part of this article in next month's issue.

Mata Sulakhni: Guru Mahal of Guru Nanak Dev Ji

Dr Paramjit Kaur Virdee

Mata Sulakhni was the wife of Guru Nanak Dev Ji, the founder of Sikhism. She was born in 1473 to Mool Chand, a Chona Khatri, and Mata Chando Rani in the village Pakkhoke Randhawa, district Gurdaspur. Bhai Kahn Singh Nabha in his book *'Mahan Kosh'* says a girl born with super characteristics is given this name. It seems Sulakhni was born with those distinctive characteristics.

Young Sulakhni was engaged to Guru Nanak Dev Ji in 1485 (aged 12 years) and married him at Batala on September 24, 1487 (aged 14 years). At that time Guru Nanak Dev Ji was eighteen years old. During those days, girls usually got married, between the age of thirteen to eighteen years, it was a custom that a girl should be four or five years younger than the boy. It seems Sulakhni was about fourteen years old at the time of her marriage.

Marriage Proposal One day Jai Ram told Bebe Nanaki, that there is a Patwari in the Village Pakkhoke whose name is Mool Chand and is a Khatri by Caste, he has made an offer to marry his daughter to Guru Nanak Dev Ji. On hearing this, she was very happy and sent a message to her parents in Talwandi. At last, the day came, when Bebe Nanaki's brother got engaged. Parents came to Sultanpur from Talwandi, a village in Sheikhupura district now in Pakistan. Nawab Daulat Khan also accompanied the marriage party.

Marriage Rituals There have been many stories regarding the event that Guru Nanak Dev Ji was made to sit near the damaged wall. Now, it has been proven that the reason was the marriage rituals. Guru Nanak Dev Ji refused to follow marriage rituals dictated by the Brahmins. He told them that he was not superstitious about the time and date of marriage; any time would be auspicious. Moreover, he wanted to break old traditions. Mool Chand, under the influence of Brahmins, refused to marry his daughter to Guru Nanak Dev Ji. This news spread over Batala City, and another gentleman, Shri Bhandari of the city of Batala offered his daughter for marriage with Guru Nanak Dev Ji.

On the other side Brahmins asked Guru Nanak Dev Ji for the debate on marriage rituals. They did not want Guru Nanak Dev Ji to be married to Bhandari's daughter; and conspired to kill him instead. They made him sit near the damaged wall. At that time, it was drizzling and there was a strong wind. The story goes that an old woman came to Guru Nanak Dev Ji and told him about this conspiracy. Guru Nanak Dev Ji told her, that the wall would not collapse for years to come; and that wall still stands there in Batala. A famous spiritual site GurBaba Daya Ram has been established at that place for pilgrims to visit.

Acceptane of Guru Nanak Dev Ji's Wishes After the debate with Brahmins, Guru Nanak Dev Ji was married according to his wishes. He took four rounds and spoke a few words. No writing is available regarding the sentiments of Sulakhni at the time of the rift over the marriage rituals. It is obvious that this incident would certainly have affected Sulakhni. Most likely, Sulakhni would not have been ready to break her relationship with Guru Nanak Dev Ji. She might have conveyed her sentiments about Guru Nanak Dev Ji through either her mother

or friends. Probably, her father consented to the daughter's wish. It is also likely that Sulakhni sent the old women to Guru Nanak Dev Ji to warn him guard against the damaged wall.

Messenger of God Guru Nanak Dev Ji had become very famous by this time, Rai Bular and Bebe Nanaki had proclaimed him as a 'Messenger of God'. People coming for Kirtan (singing of the hymns in congregation) also had the same belief about Guru Nanak Dev Ji. It seems that Mool Chand and Sulakhni too shared the belief about Guru Nanak Dev Ji being an incarnation of God. Under the circumstances, it would have been shocking for Sulakhni to break up an ideal relationship with Guru Nanak Dev Ji, especially after two years of engagement.

Happy married life Guru Nanak Dev Ji lived with Mata Sulakhni for the first fourteen years of marriage, in Talwandi. Guru Nanak Dev Ji was self-employed, being a farmer, who worked with his father between 1485-1504 at Talwandi. It seems Mata Sulakhni was very happy with Guru Nanak Dev Ji; Mata Sulakhni gave birth to two sons with a gap of about three years. Guru Nanak Dev Ji went to Sultanpur at the age of 35 in 1504, He had two sons at that time, Shri Chand born in 1494 and Shri Lakhmi Das born in 1497.

Around August 23, 1507, occurred the well-known episode of the disappearance of Guru Nanak Dev Ji for three days, while taking his early morning bath in the river Bein. There was a panic when Guru Nanak Dev Ji vanished from sight in the river and his in-laws were also informed. This event must have been stressful for the family, and Mata Sulakhni would have narrated it in detail to her mother. However, it does not prove that she was not happy with Guru Nanak Dev Ji, for it is quite natural for a woman to get upset under such circumstances. Pakkhoke Village is fifty miles away from Sultanpur. Bhai Jai Ram sent a special messenger to Baba Mool Chand, and he arrived the next day. It has not been mentioned anywhere whether Baba Mool Chand's wife accompanied him, but it is very likely that after getting information of this type she must have gone to her daughter. The family was overjoyed when Guru Nanak Dev Ji appeared after three days.

Nanak - Supreme Being Mata Sulakhni and her mother would have been shocked, when Guru Nanak Dev Ji meditated in a graveyard and failed to come back home at night. Only after such events, Mata Sulakhni and her mother would have complained to Bebe Nanaki against Guru Nanak Dev Ji's behaviour.

Mata Sulakhni would have understood by this time, that her husband was a supreme being and he was to look after this world. Moreover, he had made all the arrangements for his family. Both Bebe Nanaki and Bhai Jai Ram suddenly expired with a gap of just three days between them. Mata Sulakhni took her son Shri Chand back to Batala.

Role at Kartarpur After each of his religious travels, Guru Nanak Dev Ji would go to his parents at Talwandi, and then to his in-law's village Pakhoke Randhawa to meet his wife and children. Guru Nanak Dev Ji assured them, that he was establishing a new city Kartarpur on the banks of river Ravi, and soon he will take the family there. Even though Guru Nanak Dev

Ji went away on Holy journeys, throughout her life Mata Sulakhni had a most cordial relationship with her mother-in-law Mata Tripta, and equal respect for her own parents. According to the tradition of the time, she would go to her parents in Pakhoke Randhawa when Guru Nanak Dev Ji went away on his journeys. Accordingly, he sent for his family and parents at Kartarpur, Mata Sulakhni took the responsibility for langar (charitable distribution of food) at Kartarpur, though Baba Buddha was also helping her. After the religious tours, in 1522 Guru Nanak Dev Ji settled at Kartarpur, and there he established the tradition of working with one's own hands. He started farming, harvesting, and earning his livelihood. Mata Sulakhni used to do all the household chores like kitchen work, preparation of food for the langar distribution, and taking care of the livestock.

Sensitive Nature Guru Angad Dev Ji one day was wearing expensive and beautiful attire. Guru Nanak Dev Ji asked him to carry a heap of grass, which was full of mud. It spoiled his dress. At this Mata Sulakhni expressed her displeasure over Guru Nanak Dev Ji. This incidence reveals how sensitive she had become.

Guru Nanak Dev Ji left this world in 1539, having passed the Guruship to Guru Angad Dev Ji and asking him to go and live at Khadur. This decision of Guru Nanak Dev Ji was not protested against by Sulakhni, nor anyone else.

Last Rites The home and land of Kartarpur was looked after by Lakhmi Das and Mata Sulakhni continued the tradition of langar (charitable distribution of food) established by Guru Nanak Dev Ji. Her elder son Shri Chand had become a saint and was busy with religious preaching, while her second son Lakhmi Das enjoyed family life and continued the Bedi Dynasty. After some time Mata Sulakhni expired, at the age of seventy-three, in 1545 and her last rites were performed at Kartarpur.

Mata Chando Rani (The mother in law of Guru Nanak Dev Ji)

Mata Chando Rani was the mother-in-law of Guru Nanak Dev Ji and mother to Mata Sulakhni. Mata Chando Rani's residence was at Batala and she was the wife of Mool Chand. Pakkhoke Randhawa is the place where she spent many years. Whatever personality Mata Sulakhni had within her is due to the faith and guidance given to her by her mother, Mata Chando Rani.

In Sri Guru Granth Sahib Ji, under Raag Basant Hindol, ang 1171,

Guru Nanak Dev Ji composes the following Shabad on a woman as a wife – ਨਾਰੀ...

ਕਢਿ ਕਸੀਦਾ ਪਹਿਰਹਿ ਚੋਲੀ ਤਾਂ ਤੁਮ੍ਹ੍ਹ ਜਾਣਹੁ ਨਾਰੀ ॥

She alone is known as the Almighty's bride, who embroiders her gown in the Name.

ਜੇ ਘਰੁ ਰਾਖਹਿ ਬੁਰਾ ਨ ਚਾਖਹਿ ਹੋਵਹਿ ਕੰਤ ਪਿਆਰੀ ॥੨॥

She who preserves and protects the home of her own heart and does not taste of evil, shall be the Beloved of her Husband Almighty. ||2||

When you embroider your gown (in the Name of God) and wear it, then you are known to be a true bride. When you look after your home (heart) and do not taste of evil, then you are pleasing to the Husband - the Almighty.

Amritsar Ghallughara 1984

J S Thethi & P S Jagdev

The month of June marks India's Sikh Genocide of 1984 commonly known as Operation Blue Star, which was planned and ordered by the government of the then prime minister, Indira Gandhi, against civilians during 3-8 June 1984. It was ostensibly stated as an operation to flush out a few armed people, including Sant Jernail Singh Bhindranwale, from the Akaal Takht in the holiest Sikh shrine complex, the Amritsar Harmandar Sahib. He inspired Sikhs to turn back to orthodox principles of their faith and seek the fulfilment of the list of demands based on the Anandpur Sahib Resolution to create a largely autonomous state within India. The government became wary of his power and branded him a terrorist, a problem to be solved.

The Operation was not however limited to an attack on the Akal Takhat Complex, 37 other Gurdwaras were also attacked. On May 25th, 100,000 soldiers were deployed around population centres in Punjab. The largest concentration of troops arrived at the city of Amritsar. On the 3rd of June (a major religious day for Sikhs) all foreign journalists were expelled from Punjab state. The whole of Panjab was locked down and all lines of communication with the outside world were cut. No chance for peaceful negotiation was given to any Gurdwara. At Harmandar Sahib, the army imposed a hard curfew and thousands of worshippers were trapped inside the Amritsar complex.

On the 5th June, the attack began as the army attempted to storm the complex on foot. Gunfire was exchanged for hours but the militants repulsed the attack. In the Darbar Sahib building normal prayers continued during the shooting, however indiscriminate bullet marks could be seen in its structure.

On the 6th June, in the face of the militant resistance, the army took to tanks to complete the operation. Seven tanks and heavy weapons were used. The entire front of the Akal Takhat was destroyed by high-explosive squash-head shells. Many of the rooms inside caught fire, destroying centuries of precious manuscripts and relics. At about 1am, troops entered the Gurdwara hostel complex. Many of the large number of civilians who had not been allowed to leave, were murdered in cold blood, including women and children. According to the official estimate 492 civilians were killed but eye witnesses put the number at around 8,000.

After operation Blue Star, operation Woodrose was launched to thoroughly scan the countryside with tanks, artillery helicopters, armoured vehicles and chemical weapons.

On October 31, 1984, Indira Gandhi was killed by her bodyguards as punishment for the atrocities committed during operation Blue Star. Subsequently, over the next four days, 3100 Sikhs were killed in retaliatory attacks mainly in Delhi, by Hindu mobs organised by government officials. Over 50 thousand Sikhs were left homeless.

During the next 10 years over 70 thousand people were detained under the TADA (Terrorist and Disruptive Activities) act, which legitimised widespread excesses by police action. Yet of those detained, only one percent could be convicted of any crime.

I won't go to Gurdwara any more

Jagtar Singh Thethi

How to accept the gift of Gurbani...

A young daughter went to her father and said, "I won't be going to Gurdwara any more". The father said "May I ask why?".

She replied, "When I go there, all I see is that people are busy with their mobile phones during the service and kirtan. Some are gossiping, others are not listening. They are not living with integrity. They are hypocrites!".

The father became silent. Then he said, "Can you do something for me before you take your final decision?". She responded, "Yes of course. What is it?".

He said, "Please take this glass full of water and walk around the Gurdwara two times but you must not let any water spill out of the glass". She said, "Yes, certainly, I can do that".

She held the glass full of water with her hands and went around the Gurdwara twice. She walked very carefully and slowly to make sure that no water was spilt. When she came back round she said, "It is done and there is the glass still full of water".

The father then asked her three questions:

1. As you were going around, did you see any one on their phone?
2. Was there any one gossiping?
3. Was there any one living without integrity?

She looked annoyed at this question and nearly shouted back, "How could I have seen all that when I was concentrating all the time over the job I was doing?".

The father explained, "That is what everyone needs to do. They have to pay proper attention, listen carefully and try to understand the Gurbani. Then put it into practice as sincerely as possible. The whole purpose of visiting the Gurdwara is about self-betterment by self-effort. Gurbani has a huge treasure of gems that our Gurus have kindly left for us, for our guidance. So, let us take advantage of this wonderful gift!".

The young girl had learnt that when we give Gurbani our full attention, in return we get its full benefit and do not notice others. If we were all to do that, no-one would be gossiping or using their mobile phones!

Supinder Kaur Gill

No Mow May

Nature charity Plantlife has been asking people to not mow their lawns in May as part of the "No Mow May" campaign to keep gardens wild and to encourage wilder lawns, so that wild plants can thrive and provide nectar for insects.

NB. As we have now entered June, hope this note will serve as a reminder for next year!

Wild life in the City

Grey Squirrel Has replaced the native red squirrel. It is a regular sight on birdfeeders and has impressive agility and problem-solving skills.

Magpie This bird has had mixed fortunes. Prior to First World War persecution from gamekeepers meant numbers dropped. Recovery has been best in urban areas.

Ring-necked parakeet Noisy!! It is a familiar sight in London, Kent, Surrey and Sussex.

Fox Their density in towns is more than in the countryside. Urban foxes appear to be developing shorter, wider jaws than their countryside relatives. This due to them adapting to a diet supplemented by food discarded by humans.

Sapling Corner

Last month we had a visit from Stephen who was from Bedfont Lakes. He came to our class to talk about reptiles in Hounslow. He showed us where reptiles live, eat and why we should save them. He brought a grass snake called Trixie with him. He allowed us to stroke her. Her scales were beautiful. We learnt to respect nature.

SIKH ASSISTED MARRIAGES

Application forms for this service are available from the Gurdwara. The completed application form and a passport size photograph, with a non-refundable **registration fee of £75** (cheques payable to Sri Guru Singh Sabha) should be sent to: The Matrimonial Service, Gurdwara Sri Guru Singh Sabha, Alice Way, Hanworth Road, Hounslow, Middlesex. TW3 3UA

Participants must be registered on our matrimonial database to benefit from this service.

Personal and telephone enquiries are welcome as follows:

Monday – Sunday (7 Days) **10:00am – 1:00pm** Telephone Enquiries: **020 8814 6701**

All information will be strictly confidential and sincere efforts will be made in good faith to introduce interested parties. The management of the Gurdwara will not be responsible morally, legally, or otherwise, for any alleged act of negligence, omission, or commission by either of the parties concerned, nor will it be liable for any legal action.

The current list of our matrimonial partners appears below.

MALES

Ref No	*Birth Date*	*Academic Qualification*	*Present Employment*	*Height*
2964	24-Jan-91	Degree Civil Engineering	Senior Quantity Surveyor	6' 00"
2965	19-Feb-90	BSc MSc	Senior Software Engineer	5' 07"
2966	03-Sep-87	MSc Computer Science	End Point Clinical IT Consultant	5' 10"
2967	23-Mar-88	ACCA Chartered Accountant	Finance Project Manager	5' 09"
2968	18-Sep-88	MBBS	Psychiatrist	5' 08"
2969	09-Apr-96	MSc (Honours)	Medical Lab Assistant	5' 07"
2970	15-Dec-94	BSc (Hons) Quantity Surveying	Quantity Sureveyor/ Commercial Manager	6' 00"
2971	27-Jul-88	MBBS	Medical Doctor	6' 00"
2973	28-Apr-93	BSc Hons Computer Science	Lead Front End Engineer	5' 09"
2974	07-Dec-87	BA, ACA	Chartered Accountant	6' 02"
2975	13-Mar-87	BSc Finance & Accounting	Financial Analyst	6' 00"
2976	29-Sep-84	MBBS	GP	5' 06"
2977	26-Nov-82	LLB	Lawyer	5' 09"
2978	23-Nov-82	BENG	Technical Pre-sales Consultant	5' 09"
2979	15-Mar-91	BSc Computer Science	IT Analyst	5' 03"
2980	28-Jun-86	BEng Electronic Engineering	Aerospace Design Engineer	5' 06"
2981	27-Jun-89	MA in Management	Demand Planner	5' 10"
2982	06-Jul-93	BSc Biomedical Science	Bio-Medical Scientist	5' 07"
2983	28-Oct-85	Engineer	Engineer	6' 01"
2985	14-Apr-84	BA Econ and CIMA	Senior Commercial Finance Analyst	5' 09"
2986	26-Nov-89	BSc	Associate Director, Structuring	6' 00"
2987	11-Dec-84	A Levels	Business Owner	5' 11"
2988	13-Jan-91	MEng Chemical Engineering	Software Engineering	5' 10"
2989	21-Mar-93	Master of Pharmacy	Pharmaceutical /NHS	6' 03"
2990	02-Jun-79	MBChB GP	GP	5' 10"
2991	26-Jun-81	Degree	Senior IT Consultant	5' 09"
2993	21-May-88	AS A Levels	Senior Sales Manager	6' 00"

2994	04-Feb-94	Msc Business Technology	Contracts Manager	6' 01"
2995	22-Feb-87	MBBS	Doctor	6' 00"
2996	26-Sep-96	BSc Maths	Delivery Driver	5' 07"
2997	04-Feb-88	LLB LPC	Associate Director Finance	6' 00"
2998	30-Jan-92	BDS	Dentist	6' 01"
2999	19-Mar-92	BA Economics	Management Accountant	6' 03"
3000	09-Sep-89	BSc Economics	Project Manager	5' 08"
3001	17-Sep-84	BSc Software Engineering	Network Engineer	5' 10"
3002	22-Jun-85	PhD	Associate Director at Pharmaceutical	5' 09"
3003	01-Apr-81	MBA	Company Director	6' 04"
3004	24-Oct-92	BSc Computer Science	Software Developer	6' 00"
3005	23-Mar-96	MSc Neuro Develop Sciences	NHS Assistant Psychologist	5' 10"
3006	31-Aug-89	BDS MSc Dental Implant Surgeon	Dentist	6' 04"
3007	05-Jul-89	MSc Finacial Maths	IT Contractor	5' 10"
3008	22-Dec-94	BA(Hons) ACA	Financial Accountant	5' 08"
3009	23-Dec-94	GCSE	Looking for a job	6' 00"
3010	20-Feb-93	BA Hons	Real Estate Underwriter	6' 01"
3011	01-Apr-83	BTEC- Software & Programming	NHS Clinical Support	5' 07"
3012	17-Feb-86	BSc Geographical Info Systems	Fleet Service Clerk	5' 11"
3013	13-Apr-90	Degree	Engineer	5' 11"
3014	21-Dec-79	Technical IT Qualifications	IT Engineer	6' 01"
3015	04-Aug-90	Business Studies	Civil Enforcement Officer	5' 06"
3016	23-May-95	MPharma	Pharmacist	5' 11"
3017	08-Nov-88	BSC Accounting	Project Manager	5' 10"
3018	14-Jan-91	BSc Hons, MBBS, MRCGP	NHS GP	5' 08"
3019	11-Jun-86	BSc Computing & Management	Business Development Software	5' 08"
3020	17-Dec-93	A Levels	Not written	6' 01"
3021	05-May-81	MSc IT Management	Technical Support Analyst	6' 00"
3022	18-Nov-81	Higher Diploma	BUPA Healthcare Consultant	5' 08"
3023	05-Nov-83	BSc Multi Media Studies & Computing	Part Time	5' 10"
3024	09-Jan-85	BA ACCA	Chartered Accountant	5' 08"
3025	17-Sep-89	LLB Law	Lawyer	5' 10"
3026	26-Aug-90	Masters	Lawyer	5' 11"
3027	01-Jan-92	Actuarial Science with Maths	Deloitte/ Actuarial Manager	5' 08"
3028	27-Jun-84	BSC	Business Owner	5' 07"
3029	30-Sep-89	BA Business Marketing	Digital Marketing	5' 11"
3030	31-Oct-92	Economics Degree	Finance Business Partner	5' 08"
3031	02-Mar-88	BA hons	Business owner	5' 10"
3032	16-Aug-90	BSC Mathematics	Data Engineer	6' 00"
3033	31-May-81	Computer Science	Manager at Brunel University	5' 10"
3034	03-Sep-86	BA Marketing & Accounting	Bank Analyst	5' 07"
3035	19-Feb-88	MBBS MRCS	NHS Doctor	6' 04"
3036	16-Apr-95	BSC Computer Science	Test Automation Engineer	5' 08"
3037	25-Nov-85	LLBC Hons	Associate Director	5' 11"
3038	05-Sep-90	BSc Financial Economics	Contractor	5' 11"
3039	18-Dec-81	BSc Computer Science	IT Business Analyst	5' 11"
3040	21-Jun-95	BSc Engineering	Project Manager	5' 08"
3041	02-Dec-88	Photography	Ryman Stationery Store Manager	5' 09"
3042	08-Apr-94	BA Geography	Law Enforcement	5' 05"
3043	09-May-87	BA ACCA	Chartered Accountant	5' 10"
3044	16-Apr-84	BA Graphic Design	Travelex Consultant	5' 10"

3045	19-May-83	BA Property with Business	Self Employed A Care Home Director	5' 10"
3046	25-Sep-84	Sociology & Criminology	Housing Management	5' 11"
3047	05-Mar-83	BSC	Software Engineer	5' 05"
3048	22-Feb-93	BDS	Dentist	6' 00"
3049	22-Feb-93	MSc International Finance	Manager in a Bank	6' 00"
3050	15-Sep-88	BA Accounting & Finance	Manager at EE	5' 08"
3051	10-Nov-87	BSC Maths and Finance	Business Owner	6' 01"
3052	22-May-93	BSC Hons Law	Management Consultant	5' 11"
3053	08-Jan-92	BSc Economics ATT, CTA	Corporate Tax Advisor	6' 01"
3054	08-Feb-92	BA Degree	Self Employed Contractor	5' 11"
3055	16-Jan-85	BSc Business and Economics	Self Employed	6' 02"
3056	25-Apr-92	MSc Business Management	Self Employed	6' 00"
3057	10-Mar-96	BSc Maths	Auditor	6' 02"
3058	08-Jul-90	Pharmacist	Pharmaceutical Industry	5' 10"
3059	12-Sep-86	BSc Business and Management Accounting	Pensions & Investments	5' 10"
3060	10-Sep-90	Masters	Creative Director	5' 05"
3061	31-Jan-93	BSc Mathematics	Banking Analyst	5' 11"
3062	29-May-85	BSc Mathematics	Actuarial Analyst	5' 07"
3063	12-Dec-84	BSc Pharmacology	Clinical Trial Manager	5' 11"
3064	09-Nov-91	BSc Economics Chartered Accountant	Economist	6' 02"
3065	09-Sep-89	BA Hons Accounting & Finance	Chartered Accountant	5' 11"
3066	26-May-82	BA History and Politics	Self Employed	6' 01"
3067	16-Dec-83	BA Hons.	Civil Servant	5' 11"
3068	15-Apr-70	BSC Business Computing	Head Chef & Property Development	5' 08"
3069	24-Jan-90	BSc Pharmaceutical Science	Accounting	5' 11"
3070	16-Jun-86	ACCA	Chartered Accountant	5' 11"
3071	08-Aug-92	MBBS	Psychiatry	6' 01"
3072	11-Feb-94	BSc Biochemisty Dentistry	Dentist	5' 09"
3073	15-Oct-74	BTEC Business and Finance	British Airways	5' 10"
3074	19-Apr-92	BSc (Hons) Economics	Private Equity Director	5' 10"
3075	17-Sep-87	BDS	Dentist	5' 07"
3076	25-Feb-94	A Levels	Working at Google	6' 03"
3077	01-Aug-88	MSc International Business	Family Business owner	5' 11"
3078	16-Oct-89	MBA	Area Manager	6' 00"
3079	08-Oct-98	BSc Mineral Extractives	Construction Site Manager	6' 02"
3080	18-Jan-76	BDS	Dentist	6' 00"
3081	27-Oct-89	BSc Maths and Management ACCA	Accountant	5' 07"
3082	01-Oct-93	'A' Levels NVQ	Business Man	5' 10"
3083	20-May-87	Degree Building Surveying	Senior Risk Manager	5' 09"
3084	15-Jul-96	BA Journalism and Law	Self Employed	6' 00"

FEMALES

Ref No	Birth Date	Academic Qualification	Present Employment	Height
9342	14-Feb-95	BSc Maths PGDE	Teacher	5' 06"
9343	08-Mar-80	Business & Marketing	Administrator in a Law firm	5' 02"
9344	26-Mar-91	MC Optom	Optometrist	5' 03"
9345	27-Nov-81	BSc Maths & Management ACA	Director	5' 06"
9346	21-May-84	CIPD	HR Assistant	5' 06"
9347	08-Aug-90	BSc Computer Science	Snr Fixed Income Analyst	5' 08"

9348	30-Nov-88	BSc, MRES, M Pharm, Dental Implant	Pharmacist	5' 07"
9349	10-Jun-95	Pharmaceutical Quality	Manufacturing Investigator	5' 05"
9350	01-Aug-92	MSc Pharmaceutical Quality Investgator	Project Manager	5' 01"
9351	10-Feb-94	BSc Finance	Investment Banking	5' 08"
9352	25-Oct-84	LLB	Lawyer	5' 05"
9353	15-Aug-91	BSc Information Systems	Business Analyst	5' 05"
9355	02-Oct-90	BSc Business Management	Retail Manager	5' 06"
9356	06-Nov-88	MSc	Physician in NHS	5' 02"
9357	13-Mar-90	BSc Maths	Chartered Accountant	5' 05"
9358	17-Nov-83	BA Human Resources & Marketing	Human Resources Business Partner	5' 04"
9359	14-Mar-90	LLB, LPC Master	Solicitor	5' 02"
9360	24-Feb-91	BA Business and Finance	Bank Officer	5' 04"
9361	23-May-86	BSc	Investment Banking Analyst	5' 06"
9362	14-Jan-93	BSc Maths with Business Management	Tax Advisor KPMG	5' 05"
9364	01-Apr-85	MA Environmental Science	Environmental Science & PM	5' 05"
9365	10-Jul-79	BA Travel &Tourism	Recruitment Officer	5' 03"
9366	07-Aug-94	MFDS Post Grad Diploma	Dentist	5' 05"
9367	18-Feb-88	BA Politics and Int Relations	Teacher	5' 05"
9368	21-Dec-82	BA HR and Employment Law	Senior Principle International HR	5' 05"
9369	12-Nov-92	BA Literature & Creative writing	Higher Education	5' 03"
9371	04-Apr-82	Masters	Local Government Officer	5' 06"
9374	26-Jan-95	LLB, BA Hons	Senior Policy Advisor	5' 02"
9375	20-Feb-97	LLB	Franchisee (Business Owner) Education Sector	5' 05"
9376	01-Sep-92	BA Hons in Business Management	Senior Project Manager	5' 07"
9377	02-Feb-89	BSc MSc (Economics)	Civil Service	5' 10"
9378	12-Jan-90	BA MSc PGCE	Assistant Head of Year	5' 04"
9379	19-Jun-84	MSc MBA	Management Consultant	5' 04"
9380	13-Aug-93	LLB Law Degree	Solicitor	5' 00"
9381	27-Jul-82	MA Business and HR	Medical Sales Rep	5' 03"
9382	02-Feb-92	Optometrist	Optometrist	5' 06"
9383	26-Aug-94	BSc Economics PGCE	Data Analyst	5' 04"
9384	07-Aug-83	A Levels	Civil Servant	5' 07"
9385	07-Jan-89	MBBS MSc MRCS	NHS Hospital Doctor	5' 08"
9386	03-Aug-89	BSc Information Systems	HR Product Manager	5' 01"
9387	28-Dec-94	PhD	Post Doctoral Researcher	5' 06"
9388	27-Oct-95	M Pharm	Hospital Pharmacist	5' 02"
9389	21-Feb-86	MA MSC PHD	Government Science Lab	5' 05"
9390	31-Jul-77	LLB(Hons) Postgratuate Diploma	Legal Counsel	5' 04"
9391	28-May-93	LLM	Solicitor - Ernst & Young	5' 06"
9392	25-Jan-94	Law Degree LLB	Solicitor	5' 02"
9393	02-Jul-92	Architect	Senior Traffic Engineer -TfL	5' 05"
9394	25-Feb-91	PhD Counselling Psychology	PHd Student	5' 03"
9395	12-Oct-90	Masters in Pharmacy	Pharmacist	5' 05"
9396	27-Nov-92	A Levels	Finance Officer	5' 00"
9397	09-Jul-82	BA Business Studies	Civil Service	5' 00"
9398	19-Oct-94	MA Finance and Accounting	Finance Administration	5' 08"
9399	08-Oct-82	BA hons	Software Consultant	5' 05"
9400	24-Feb-78	Diploma Business & Psychology	Personal Assistant	5' 03"
9401	08-Nov-88	MPharm	Associate Director	5' 07"
9402	05-Jan-88	Optometry	Optometrist	5' 06"

9403	13-Mar-81	LLB LLM	Investment Banking	5' 06"
9404	04-Dec-81	MSc Physics	Research Scientist	5' 09"
9405	20-Jun-87	MBA International Management	Amazon Web Service	5' 06"
9406	28-Jun-94	Master of Pharmacy, Dip in Clinical Pharmacy	Hospital Pharmacy	5' 05"
9407	13-Mar-91	MPharma	Pharmacist	5' 08"
9408	29-Aug-87	BSc Computer Science with Management	JP Morgan Data Analytics	5' 04"
9409	21-Jul-93	BA (hons) MSC	Trainee Solicitor	5' 04"
9410	13-Jul-91	BA Accounting and Finance ACCA	Management Accountant	5' 04"
9411	25-May-89	MA Maths	Actuary	5' 07"
9412	17-Jun-90	BSC Mathematics	Product Strategist in Asset Management	5' 04"
9413	25-Dec-85	MBChB MSc MRCS	Doctor	5' 06"
9415	08-Jan-97	BSc Computer Science	Senior Software Engineer	5' 06"
9416	13-Dec-81	GNVQ Advance Business	Pre School Teacher	5' 05"
9417	16-Jun-96	MBBS	Junior Doctor	5' 07"
9418	29-Jun-88	MA History	Project Co-ordinator	5' 06"
9419	14-Jul-90	Masters in Pharmacy	Clinical Product Pharmacist	5' 00"
9420	15-Nov-82	BA Economics & Business	Project Co-ordinator	5' 03"
9421	06-May-96	MBBS BSC	Junior Doctor	5' 08"
9422	19-Jan-93	MBBS BSc	Doctor	5' 02"
9423	08-Jun-91	BA Hons Accounting and Finance	Finance Assistant	5' 00"
9424	06-Jul-96	BSC Mathematics	Civil Service	5' 06"
9425	30-Mar-98	BA (Hons) PGCE & QTS	Teacher	5' 06"
9426	26-May-81	BSc (Hons), ACA Chartered Accountant	Deputy Director General, Director of Policy	5' 04"
9427	12-Jun-84	BSc (Hons), ACCA Chartered Accountant	Senior Financial Analyst	5' 07"
9428	03-Aug-77	Graduate BA	Civil Servant	5' 04"
9429	01-Feb-91	MBCHB, MPharm	Junior Doctor	5' 03"
9430	05-Aug-95	BDS	Dentist	5' 03"
9431	16-Sep-96	BSc Maths and Economics	Technical Business Analyst	5' 03"
9432	04-Nov-92	BA Business Studies	Test Analyst	5' 04"
9433	18-Jun-94	Degree	Junior Consultant	5' 04"
9434	12-Feb-87	BSc CIPFA	Accountant	5' 03"
9435	18-Dec-94	NVQ childcare	Admin Assistant	5' 07"
9436	08-Feb-86	LLB LLM	Lawyer	5' 06"
9437	31-Jan-92	Undergraduate	Retail Assistant	5' 07"
9438	04-Feb-97	BSc Optometry	Optometrist	5' 04"
9439	21-Oct-93	CACHE Level 3 Dip. Nursery Nurse	Early Years Educator	5' 00"
9440	03-Aug-86	BSc Economics	Finance Analyst	5' 07"
9441	05-Jun-88	PHd Physics	Physics Lecturer	5' 05"
9442	04-Dec-86	PGCE	Middle Leader	5' 03"
9443	09-Aug-86	City & Guild	Local County Council	5' 03"
9444	10-Oct-91	BA Hons	Trainee Solicitor	5' 03"
9445	13-Jul-95	BSc ACA	Chartered Accountant	5' 06"
9446	17-Nov-93	Degree	Professional Services	5' 05"
9447	13-Jul-88	BSc Computer Science	IT Incident Analyst	5' 05"

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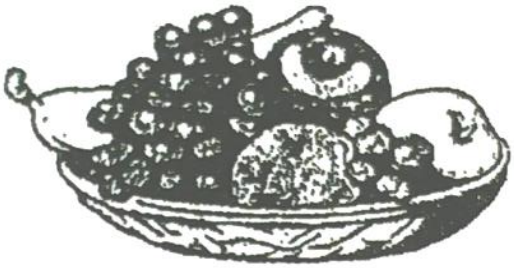

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